

How to stay stuck in your job and not make any progress in life

People feel stuck in their jobs when they don't feel in control of their career path and career options. Often thoughts emerge like:

"I wish I was one of those people who actually have a passion."

"For my dream job I need at least 5 years of experience and I don't have that"

"All the good jobs are not advertised publicly."

"I can't sell myself in job interviews"

In our next seminar we will show you, how many career options you really have and that you are indeed a lot more in control of those options than you think.

For this we have invited two great speakers: one **career coach** who can help you reflect on what you want to do with your life and one **HR person**, who can tell you how your decisions are perceived from a hiring perspective



Donatella Canella, career coach and former scientist. One day in her research job, she had the epiphany that she is not interested enough in science to actually work in this field for the rest of her life. Instead she did some soul searching on what it is, she really wants to do. This thing turned out to be career coaching. Today she works as a career coach for and also gives coaching trainings for those who would like to follow her path. So, not only will we get great advice from her, she has actually tested those advices on herself on the quest to find her career passion.
<http://www.humancentricleaders.com>



Anne Dagier-Joncour, started an international career as a banker with a longer stop in Shanghai. When she moved to Switzerland she made a career shift and decided to work for a company that coaches talents and brings them together with employers. Anne can give us more insights into the hiring process and on how our career decisions are perceived by employers. We already asked her, which steps of the hiring process applicants are in control of and her answer was *"Every single step"*. In our seminar you will find out how to stay in control in the application process.
<https://www.rundstedt.ch/en/>

If you don't know what kind of job you want to do in the future, or if you are uncertain how to actually get the job of your dreams, this is the seminar for you.

Come join us on **May 9th, 17:30pm at the Doringy campus.**

You can register for the seminar the you MyGraduateCampus account.